

Pumpkin Chai



| Serves | 1 |
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| Ingredients | 4 fluid ounce Minute Maid Smoothies Non-Fat Vanilla Yogurt thawed |
| | 1 1/2 fluid ounce chai syrup |
| | 1/2 fluid ounce vanilla syrup |
| | 2 cups ice |
| Garnish | Whipped cream |
| | Nutmeg |
| Method | 1. Combine all ingredients in a blender; process until smooth |
| | 2. Pour into a 16-oz glass |
| | 3. Garnish with whipped cream and nutmeg |
| Nutritional Information | 370 calories |
| Brands | Minute Maid Smoothies |
| Primary Flavor Profile | Fruity |
| Drink Style | Blended , Seasonal |
| Food Pairing and Recommentation | BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches - |

Richer Protein , Sandwiches - Vegan , Snacks - Salty

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