

Green Tea Yogurt Smoothie



Serves	1
Ingredients	10 fluid ounce Gold Peak Green Tea 2 fluid ounce Minute Maid Smoothies Non-Fat Vanilla Yogurt, thawed
Garnish	1 mint sprig
Method	1. Fill a 16-oz. glass half full of ice 2. Combine all ingredients; stir 3. Garnish with a mint sprig
Nutritional Information	130 calories
Brands	Gold Peak Unsweetened Tea, Minute Maid Smoothies
Primary Flavor Profile	Fruity , Tea
Drink Style	Functional/Energy , Juice Forward
Food Pairing and Recommendation	Asian, BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Burgers / Steaks , Desserts, Fried Foods, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches - Richer Protein , Sandwiches - Vegan , Snacks - Salty