

All American Apple Pie Smoothie



Serves	1
Ingredients	6 fluid ounce Diet Coke 6 fluid ounce applesauce 1 cup ice
Garnish	Cinnamon
Method	1. Combine all ingredients in a blender; process until smooth 2. Pour into a 16-oz glass 3. Garnish with cinnamon
Nutritional Information	117 calories with sweetened applesauce 73 calories with unsweetened applesauce
Brands	Diet Coke
Primary Flavor Profile	Cola
Drink Style	Blended , Sparkling

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